## **KIDS FOR RUNNING 2024**



## **West De Pere Intermediate and Middle School**

Kids for Running is a great way to get kids active and to teach them to set goals and work toward them while supporting one another.

Practices will occur Mondays and Wednesdays immediately after school at the Intermediate School. We'll run outside in all weather (except lightning) starting April 3rd.

The program culminates in the 5K (3.1 mile) Bellin Run (or virtual run) on June 8, 2024.

If your Intermediate or Middle School student is interested in running, please complete the following link: LINK.

Dr. Kohl or Mrs. Pawlowski will be in touch soon with more details.

Program information from Bellin can be found at

Bellin KIDS FOR RUNNING